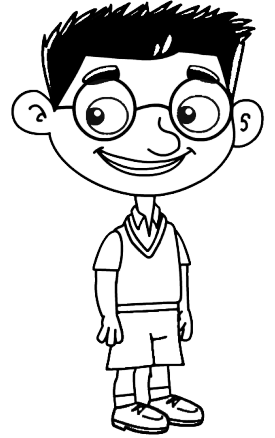


Yes, I Can - FUN ACTIVITIES FOR THE HOME



Fingerplays and Movement Poems

Historically, fingerplays are passed down through the generations. Think about the fingerplays that you grew up with as a child. Think of the emotions of comfort and fun from that time long ago. Spend time each week sharing some of those fingerplays with your child. This will help your child to develop necessary language skills critical to their literacy development.



Promoting Self-Esteem

For children to gain a healthy sense of who they are, they need to know that they are unique and that they can do whatever they set their mind to. When your child does something unique or special, tell her, "*Samantha, you are unique! You can _____!*" Also, help your child understand what it means to have goals and to accomplish them with pride.



RESOURCES

Books to read aloud:

- *I Like Me* by Nancy Carlson
- *I Like Myself* by Karen Beaumont
- *I'm Gonna Like Me* by Jamie Lee Curtis
- *The Colors of Us* by Karen Katz
- *What I Like About Me!* By Allia Zobel-Nolan
- *When I Was Little* by Jamie Lee Curtis
- *The Little Engine That Could* by George and Doris Hauman

• Suggested Fingerplays and Movement Rhymes:

- San Severino
- Vamos a cantar/Let's Sing
- Pimpón
- Este chiquito y bonito/This One Is Little and Pretty
- Este compró un huevito/This One Bought an Egg
- La araña pequeñita/ The Eensy Weensy Spider